

# Personal Development

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*at Wylam First School*

# This includes...

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- **P**- Personal
- **S**- Social
- **H**- Health
- **E**- Economic

...education.

# We teach these aspects through three main topics in KS1...

<b>Health and Wellbeing</b>	<b>Relationships</b>	<b>Living in the Wider World</b>
<ul style="list-style-type: none"><li>• This is about:</li><li>• Keeping my body healthy.</li><li>• Keeping my mind healthy.</li><li>• How I grow and change.</li><li>• Staying safe.</li></ul>	<ul style="list-style-type: none"><li>• This is about:</li><li>• My family and special people.</li><li>• Friendships.</li><li>• Dealing with unkind behaviour.</li><li>• Safe and healthy relationships.</li><li>• Respect.</li></ul>	<ul style="list-style-type: none"><li>• This is about:</li><li>• Rules and responsibilities.</li><li>• Communities and groups we belong to.</li><li>• Using the Internet.</li><li>• Staying safe online.</li><li>• Spending and saving money.</li><li>• The environment.</li><li>• Jobs.</li></ul>

# We teach these aspects through three main topics in KS2...

<b>Health and Wellbeing</b>	<b>Relationships</b>	<b>Living in the Wider World</b>
<ul style="list-style-type: none"><li>• This is about:</li><li>• keeping my body healthy;</li><li>• keeping my mind healthy;</li><li>• how my body grows and changes;</li><li>• risks around drugs, alcohol and tobacco.</li></ul>	<ul style="list-style-type: none"><li>• This is about:</li><li>• my family and special people;</li><li>• different types of relationships;</li><li>• friendships;</li><li>• ensuring safe and healthy relationships;</li><li>• respect and consent;</li><li>• respecting myself and others.</li></ul>	<ul style="list-style-type: none"><li>• This is about:</li><li>• rules and responsibilities;</li><li>• communities we belong to;</li><li>• differences and similarities between people;</li><li>• using the Internet;</li><li>• staying safe online;</li><li>• spending and saving money;</li><li>• the environment;</li><li>• jobs and skills.</li></ul>

# RSHE

## Relationships Education, Health Education, and Relationships and Sex Education

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### Year 2

- Children will learn to name the main parts of the body including external genitalia.

### Year 4

- Children will learn how the body changes during puberty as the children start to grow.
- The children will discuss how feeling will change and essential hygiene routines.

*Relationships education runs all the way through our curriculum at school.*



## BOOKS ABOUT RACE & DIVERSITY FOR KIDS



# Equalities

Under the Equality Act, there are nine protected characteristics:

- age.
- disability.
- gender reassignment.
- marriage and civil partnership.
- pregnancy and maternity.
- race.
- religion or belief.
- sex.

# The 9 Protected Characteristics are actively promoted in school through:

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- Our Values
- Our school behaviour policy
- Conscious role modelling by all adults in the school community
- Active engagement and communication with parents and carers
- Assemblies
- The British Values
- Personal, Social, Health and Economic education (PSHE) lessons
- Religious Education (RE) lessons
- Sporting, Art and Cultural Events
- Pupil Voice
- Educational visits
- Guest speakers
- Developing links with local, national and international communities
- Extra-curricular activities, after-school clubs, charity work and work within the local community
- Our whole curriculum

## Responsibilities: Play Leaders

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The play leaders are responsible for encouraging co-operative play in the yard during lunch times.

The children are volunteers and are on a schedule. Let's hear from them...



## Responsibilities: School Council

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The school Council are representatives that have been voted by the children from Year 3 and 4.

They work alongside Ms Robson to talk about issues which affect the children in our school.



## **Responsibilities: Eco Team**

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The Eco team work alongside Mr Mordue to achieve the eco award for our school. They are working to make our school a more environmentally friendly place to be.



**ECO GREEN LIVING**

# Safe to Learn

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- We have been working closely with the children to help them to contribute to and work in an environment where they feel safe to learn.
- The School Council have take on the ideas of the children to create posters for each classroom on how we can work together to ensure that we always feel Safe to Learn.



# Character Curriculum

- At Wylam First School we pride ourselves on the variety of different additional activities we provide for the children.
- From Rocksteady to the allotment to Trumpets to Newcastle United Foundation after school club.
- All of these opportunities give our children to develop talents and skills helping them to become well rounded citizens of the world.



# Character Curriculum

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We love the outdoors at school, especially surrounded by all the lush green scenery. We use this in our Outdoor curriculum where with the assistance of Mr Mordue we discover our wild sides and learn important skills.



# Mental Health and Wellbeing.

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## ELSA

We are very lucky to have a trained ELSA member of staff in Mrs Greener.

She works closely with some children in school who may need some support with their social and emotional development.

## Senior Mental Health Lead

The school has a fully qualified Senior Mental Health lead in Mrs Gibbon. She has gained a qualification to ensure that the school is supporting the mental health and wellbeing of all the stakeholders.



**Thank you for all your support.**

