



**Physical Education Long Term Plan
2022-2023**

	PE Type	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Indoor	Dance Dance till you drop	Fitness circuits	Gymnastics	Dance	Gymnastics	Fitness
	Outdoor	Fundamental Movement	Fundamental Movement	Multiskills	Football	Athletics	Striking and Fielding
Y1	Indoor	Fitness and Circuits	Dance Toys	Gymnastics	Dance Dance the seasons	Gymnastics	Fitness and Circuits
	Outdoor	Fundamental Movement	Multiskills	Multiskills	Football	Athletics	Striking and Fielding
Y2	Indoor	Fitness and Circuits	Dance	Gymnastics	Dance Plants	Net and Wall Tennis	Fitness and Circuits
	Outdoor	Multiskills	Mod team	Attack and Defence	Football	Gymnastics	Striking and Fielding
Y3	Indoor	Dance	Multiskills - fitness and agility (Y3 Comp) https://drive.google.com/drive/u/0/folders/1	Gymnastics	Dance Rainforest Dance	Swimming	Swimming

			q05FXGJKqLBKLW2 RQ_DKYY1NWmL Qde0				
			Entries complete by 16th December				
	Outdoor	Hockey	Tag Rugby	Net and wall Benchball Netball Basketball	Football	Tennis (Tennis competition)	Striking and Fielding Cricket
Y4	Indoor	Swimming	Swimming	Gymnastics	Dance Carnival of the Animals	Fitness and Circuits	Dance Water
	Outdoor	Hockey (Hockey competition)	Tag Rugby (Tag Rugby Competition)	Net and wall Benchball Netball Basketball	Football	Athletics (Quad kids comp)	Striking and Fielding Rounders